

THIRD SECTOR PK

Perth & Kinross Third Sector Health and Social Care Strategic Forum NEWSLETTER

Wrap-up of the last quarter's Forum Meetings



In the past quarter, our monthly Forum meetings brought together 40 colleagues for dialogue and action, and welcomed Support in Mind, VisionPK and Together In Dementia Everyday as new members / attendees. Colleagues from Business Improvement and the graduate scheme for Health & Social Care and other areas joined us in April to learn about our work.

Our Forum Action Plan is driving collaborative action between members around themes that are important to our sector. A facilitated Peer Support Network for CEOs/ senior managers was progressed before Christmas. In January, Forum members participated in a 'commissioning for outcomes' workshop and this month, we are exploring digital leadership and skills.

In February, we had a productive session to discuss Third Sector Data and Impact. A short-life Forum sub-group will now drive work to demonstrate the diverse contributions and impact of Forum member organisations within the Health and Social Care landscape in Perth and Kinross. Surveys to collate data around workforce and funding are being tested and will be issued shortly.

Two sub-themes of the Forum - Physical Activity and Chronic Pain Management - are making good progress and detailed below.

The Third Sector Interface is currently updating its website. Our new Health and Social Care pages will be live soon!

Integration Joint Board Papers January and March's Forum meetings saw a detailed focus on the [Integration Joint Board](#) (IJB) papers. In January, these included: the Mental Health and Learning Disabilities Inpatient Services Redesign in Tayside; the implementation of the Carers (Scotland) 2016 Act; and the Scottish Government's consultation on - A Healthier Future: Actions and Ambitions on Diet, Activity and Healthy Weight. March's IJB focus included the Review of Residential Care and the Financial Plan 2018/19. Third Sector Briefing Notes for the IJB meetings are available from Hong if you missed them.



If you would like to know more about health and social care integration or the Forum contact:

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UPCOMING MEETINGS AND EVENTS

Third Sector Health & Social Care Strategic Forum:

16 May, 9:30-12:00, The Gateway PKAVS;
20 June, 9:30-12:00, The Gateway PKAVS;
Contact person - [Hong Zhang](#)
(hong.zhang@pkavs.org.uk)

In June, we will be joined by Rob Packham, Chief Officer of the Health & Social Care Partnership.

The Keys to Life Strategy Group:
2 May, 15:30-17:00, Pullar House;
Contact person - [Hong Zhang](#)

Mental Health and Wellbeing Strategy Group:
18 May, 10:30-12:30, Pullar House;
Contact person - [Hong Zhang](#)

Autism for All Ages Strategy Group:
6 June; Contact Person - [Hong Zhang](#)

Learning Disabilities Providers Forum:
7 June, 13:00-16:00, Perth Fire Station;
Contact person - [Brid Cullen](#)
(brid.cullen@arcuk.org.uk)



Strategic Planning: A one-day workshop of the Strategic Planning Group members was convened in March. The session reviewed the vision for the partnership, considered progress to date, and allowed for discussion on key priorities across various care groups such as older people, Carers, mental health and learning disabilities.

Key IJB decisions: At its meeting on 26 January, the Integration Joint Board approved the preferred option for the mental health and learning disability inpatient service redesign in Tayside. On 23 March, the IJB considered again the Review of Residential Care and agreed the proposed option, which will see the closure of Beechgrove Care Home in Perth and the retention of Parkdale as a Residential and Intermediate Care facility. The Third Sector Member does not have a vote on the Board but reflected the views of the Forum in relation to the proposed options. Full details available in our Third Sector Briefings.



YourCommunityPK: The online one-stop-shop for information on health and wellbeing supports in communities is now fully launched. Make your service better known by registering with [YourCommunityPK](#).



Learning Disabilities Week in Perth & Kinross:

Perth & Kinross Learning Disability Week 2018 will take place 14th – 20th May to coincide with the SCLD week. The main event day will be held on 14th May at The Bell's Sports Centre. Information about Learning Disability week and events will be shared on the Council's [website](#) and Your Community PK social media channels.

Sign up to a series of [e-newsletters](#) to receive updates from the Perth & Kinross Health and Social Care Partnership, including 3 newsletters that are locality specific.

Physical Activity - Active Living



Sub-section of the Forum - Physical Activity is focusing on the following activities:

- Workforce skills and confidence to provide good advice and information
- Public health awareness about the benefits of physical activity to mental health
- Integrating physical activity into individual support and recovery plans
- The creation of a communications framework focused on physical activity for workforce (paid and voluntary) and service users
- Coordination of key messages, public promotion, marketing and access to information.

Updates will be provided to the Forum and partners are welcome to join the conversation. There will be a Physical Activity sub-group meeting on Tuesday 24 April at 10am in Perth. For further insight into the key recommendations for adults and older adults visit [here](#).

Chronic Pain Management: A third meeting of partners and third sector organisations supporting Chronic Pain Management took place in March. It was agreed that a group would meet every 2 months to progress social prescribing around a pain management focus. Contact Helen for more details.

Fairness Commission: The Forum heard the recommendations of the [Fairer Futures](#) report. The Third Sector Interface (TSI) is leading a working group to consider the recommendation to *prioritise support for third sector activities that focus on delivering the wider recommendations of the report*. Contact Helen for more information.

Forum Evaluation

An annual survey helps to measure impact and effectiveness of the Forum and inform future practice. Thank you to all who have completed the survey. The results demonstrated positive feedback from the Forum members in areas of connection, engagement and communication. Membership has now expanded to 118 colleagues. **95% participants felt more connected with other organisations, and that the Forum helped to strengthen the partnership between the Third Sector and health & social care partners.** Looking forward, the Forum aims to continually strengthen the Third Sector's role as a key partner in health and social care and support strong Third Sector involvement in the design and delivery of supports and services.

PKAVS Third Sector and Volunteering Hub also provides a bi-monthly e-bulletin for Forum members which updates around policy, events, training and engagement opportunities relating to Health & Social Care Integration locally and nationally. Please click [here](#) to access the latest edition.

Health & Social Care E-bulletin

Threading the Needle



Commissioning for Outcomes

Working with commissioning team and Evaluation Support Scotland, we held a '**commissioning for outcomes**' session with 35 attendees. The session:

- Explored the kind of evidence that third sector organisations could feed into the commissioning cycle
- Looked at templates for agreeing and reporting on activities and outcomes
- Explored the support and guidance that third sector organisations might need to evaluate and report well.

New to the Forum?

We appreciate that it's not an easy task for new members to get up-to-speed on the Forum's diverse agenda, including lots of new terminology. To help you on your way, we have 'drop-in' sessions. **These will be on the 2nd and 4th Thursday each month between 10am-11am at the Gateway.** Whether you want to know more about the Forum, explore how we can work together, learn more about a specific area, or just have a chat about topical issues, just pop in! If you cannot manage to come to the drop-in, we will be happy to arrange another time, phone call or visit to you. Please contact [Hong Zhang](#).

New Forum Member Feature



VisionPK is an independent, local charity providing specialist services and support for people with a sensory impairment living in Perth & Kinross. Our aim is to support their empowerment to have a full and fulfilling role in society and to help them achieve the personal outcomes they aspire to.

We do this by providing and continuously developing a wide range of services and support for people with a visual and/or hearing impairment. We are committed to working in partnership with other statutory sector, third sector and business sector organisations to help us provide the best possible services.

Through a contract with Perth and Kinross Council we provide specialist services for sensory impaired people on its behalf and we hold and maintain the Register of Blind or Partially Sighted people in Perth & Kinross. We use our charitable resources to enhance and add value to the statutory services that we provide. We work in partnership with Action on Hearing Loss Scotland who deliver hearing loss services on our behalf.

Our service philosophy is about being client-centred – focusing on the individual, their unique needs and aspirations and helping them to address these.