

**Self -Directed Support (SDS)** is the name given to the redesigning of the way Social Care Services are received. It is the way in which personalisation is now being implemented in Dumfries and Galloway. With SDS, you have more choice and control of the support services you receive.

Under the new Social Care (Self-directed Support)(Scotland) Act 2013, there are four choices on how you can get your social care. Your Social Care Worker should discuss the 4 options with you.

#### **Option 1: Direct payment**

You can choose to receive a direct payment which you then manage to buy all your care and support services yourself.

#### **Option 2: you direct how you want the budget to be spent**

You can choose your own support services but ask Dumfries and Galloway Council or another service provider or third party to manage the money and arrange your chosen support on your behalf.

#### **Option 3: your local authority arranges the support**

If you prefer, you can choose to have Dumfries and Galloway Council select the appropriate support and arrange it for you.

#### **Option 4: two or more of the above options**

You can choose a mix of options 1, 2 and 3. This is known as a 'mixed package' and can be a good option if you who want to try directing some of your support but not all of it until you see how well SDS works for you.



#### **Child Protection**

If you have concerns about the safety of a child please contact one of the following numbers:

030 33 33 3000

Ask for the duty social worker in your area

Glasgow and Partners Emergency Social Work Services

0300 343 1505



#### **Police**

(Ask for Public Protection Unit)

Tel: 101



#### **Adult Protection**

If you are being harmed or know someone who is being harmed, tell someone.

Please call 030 33 33 3001



#### **Caring for Someone**

If you are a Carer or Young Carer and need more information contact:

Dumfries and Galloway Carers Centre,  
2-6 Nith Street, Dumfries, DG1 2PW

Tel: 01387 248600

# Introduction to Social Work Services



**People come to Social Work Services for a wide range of reasons.**

**This leaflet will help you to know if you have come to the right place.**



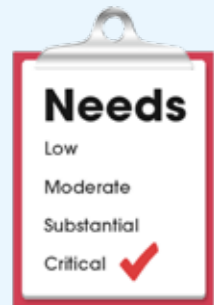
**How do we work?**

When you have difficulties it can be hard to find a way forward on your own. Every person has strengths, skills and sometimes other people that can help them. We call these 'natural supports and resources'.



Social Work Services can support you to use your own supports to help you to find solutions.

We can also help you to find others to help you.



**Need help now?**

People sometimes have urgent needs which require a quick response. We will work with you to make sure that you have the right support at the right time.



**Staying independent**

We will ask about what you are good at and who there is around you that can help you. These things can help you stay independent.



There are many things that can help you to continue to live independently. This might include a technology enabled service to support independent living, a simple piece of equipment or prepared meals.



**Need more support**

Together we will agree those things that we can help you with. You may want to be more involved in your local community and need someone to support you when you are out and about or help you to join a local group or club.



**What will it cost?**

If you qualify for direct Social Work support a financial assessment will be done. This will decide if you have to pay for part of your support.



**Planning your support**

You can choose someone to help you plan your support.

We can also tell you about organisations who can help.



There are 4 ways of getting support. Someone will talk to you about them. We will explain how your choice of receiving support will work for you.



**Getting it right together**

The support you choose should make a real difference in your life. We will continue to work with you to make sure your support is right for you.



**Contact Details**

Council Contact Centre - Adult Services  
030 33 33 3001  
contact@dumgal.gov.uk  
www.dumgal.gov.uk

We will give you information and support you to find help from other places.