

Your life, your choice

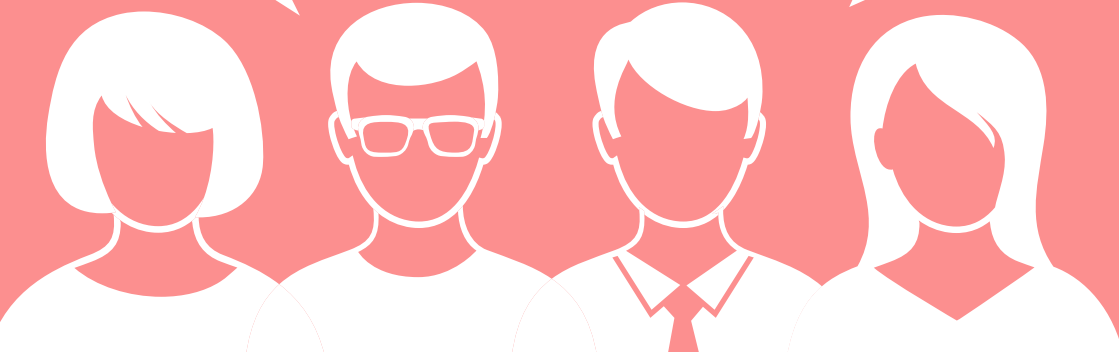


Self-Directed Support in Perth and Kinross

i just want
to go out
more

i want to
manage my
health condition
better

i want to
stay in
my own
home



Working with you to help you get the support you want

where do
i go to get
help?

Accessing information and advice

Do you, or someone you know, need help with everyday things because of a health condition, disability or other personal circumstances? If so, please contact us to talk through how we can support you to get the kind of help you need.

Help could include putting you in contact with a voluntary organisation or community group in your area who can provide support.

Eligibility

Perth & Kinross Council needs to make sure that the support they provide is offered to people who are in greatest need of that support. To do this the Council will assess you against the eligibility criteria for adult care. No matter what the result you will be given advice and information to help put you in touch with the support that you need. For more information visit www.pkc.gov.uk/eligibility or ask for a copy of the 'Do I qualify for community care?' leaflet.

Agreeing a plan

When you contact us we'll have a chat with you about what you want to achieve, and how different supports might help. We'll ask what difference you want the support to make to your life.

The worker will also help you to look at what supports you already have in your life from friends, family and groups you might attend, and how these can help now and into the future.

We'll then work with you to put together a plan for getting the best results.

i want to get
out more?

what will
help you to
do that?

Managing your support

Once you know what support you want you will have a choice about how that support is provided and managed. These choices are set out in national legislation.

direct
payments?

how do i
manage
my
support?

Options for managing your support

Your support can be managed in four different ways. Some elements of your plan for support might lend themselves more to one option than others, but the worker helping you through this process will discuss this with you in more detail.

Option 1 - *Direct Payment, the Council transfers the money to you so you can arrange support for yourself. This gives you the greatest level of control.*

Option 2 - *You direct the support to meet your needs, although the Council or another organisation holds the budget for you.*

Option 3 - *The Council can arrange the support on your behalf.*

Option 4 - *A mix of the above to suit your support plan.*

Independent support on your choices

There are a number of independent organisations who have been given funding by the Scottish Government to support individuals through Self-Directed Support.

If you already receive support from a charity or voluntary organisation it is worth speaking to them to see if there is anyone within their organisation who has experience of Self-Directed Support. Alternatively they may be able to refer you to a relevant information service which can give you advice and support you through the Self-Directed Support process.

A full list of local Self-Directed Support information and advice services is available online at www.pkc.gov.uk/selfdirectedsupport. Or, see overleaf for the contact details for the organisation which has distributed this leaflet.

More information and advice

You can find more information about Self-Directed Support in Perth and Kinross on the Council's website at www.pkc.gov.uk/selfdirectedsupport
You can also call the Community Care Access Team on 0845 30 111 20 or email accessteam@pkc.gov.uk

The web page also includes contact details for all organisations offering Self-Directed Support advice and information locally. Alternatively, please see below for the contact details of the organisation which has distributed this leaflet.

Like us on Facebook: search for 'Self-Directed Support Perth and Kinross'

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You can also send us a text message on 07824 498145.

All Council Services can offer a telephone translation facility.

www.pkc.gov.uk (PKC Design Team - 2013865)