

Join the Conversation

Engaging with our communities



Localities coming together

**Join the
Conversation**

- Plans have been progressing over the past year across 4 localities
- Brought together teams of people who work in health, social care and third sector.
- Together, the teams have been learning about each other and thinking about the best ways to engage our communities.
- This is the beginning of the integration journey in Perth & Kinross.

Developing conversation

Join the Conversation



Comment postcards & questionnaires



Persona & Empathy Mapping

Margaret: a personal experience		
I live in a small house in Jessie Street, Blairgowrie. My husband lived with me. We were married for 54 years and spent lots of time together. He used to drive us different places.	My husband died last year very suddenly in his sleep. This was a very big shock for me and I was extremely upset and really didn't know what to do.	Over the last year I have continued to feel very upset and cannot get over this sudden loss. I have been feeling very lonely and only go out when I need to. I really haven't felt like going outside.
My health deteriorated recently as I had a fall last month and couldn't move to call for help. I was lying on the floor for 5 hours without being able to eat or drink. Fortunately my neighbour noticed through the window that I was lying there and she called for help immediately.	I was taken into hospital and I was very pleased to be looked after by the extremely friendly and helpful staff for a week. I don't really like being in hospital - obviously it doesn't feel like home.	When I returned home, I was visited very soon by a support worker who visits 3 times every day - in the morning to help me get up, at lunch time and evening to help me get ready for bed. When my husband was alive, we wouldn't go to bed until about 10pm, that's when we felt tired. My support worker gets me ready for bed at 8pm.
	I was told by the doctor that I was ready to go back home after about a week being in hospital but as I had no one to make sure I was going to be ok at home and keep an eye on me, I had to stay in hospital for an extra week until support was ready for me.	I would really like to get back in control of my life again and I would also like to get out a lot more as fresh air and meeting people would be good for my health. I'm not really sure where to go though to meet people and I get a bit anxious meeting people as I haven't had to make friends for years. I don't have any transport anyway.

Storyboards



Creative conversation

People like Carol sharing their own lived experience through digital stories

Progress to date

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Spoken with over 500 people so far

These are some of the groups we have spoken to:

New Horizons

Vision PK

Drug & Alcohol Forum

Salvation Army Lunch Club

Blairgowrie Blethers

Alyth Walking Group

Ratray Parent Group

Coupar Angus Kurling Group

Strathcare (Bertie Bus)

Move Ahead

What have people said so far?

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Support by Community

Transport in Rural Areas

Awareness of Support

Services in Rural Areas

Choice & Involvement

Communication & Co-ordination

Language Barriers

Bertie Bus

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Communities want to link with services to enhance the work they are doing

How do we facilitate these new partnerships?

Open Events

**Join the
Conversation**

- Friday 24th April (Strathmore)
- Thursday 4th June (City Centre)
- Saturday 30th May (South Perth City)

To find out more...

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Contact:

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#talkPK