Catherine Dempsey

What people like and admire about me…

Radiates positivity; focused about what's important – values and integrity; true-hearted; loyal; continually inquiring; a catalyst; thought-leader; determined; vivacious; caring; honest; enthusiasm with purpose; joyous; dynamic; drive; creative; passionate; intelligent; dedicated to what you want to achieve; you bring all you believe; skilled facilitator; analytical thinker; open-minded; inspiring; great people person; changemaker; fierce (in a good way!); wealth of knowledge.

What's important to me…

Being able to affect change around inclusion, social justice and equality.

Making a contribution to the world that matters, and helping other people to make theirs.

Keeping learning and stretching myself, being creative and seeing ideas come to life.

All things cultural. Books, music, film, art, going to unusual events…I love horror films, site-specific theater, prog rock and psychedelia…and much more!

Adventuring - getting to travel and experience new places and cultures. I particularly love getting in the sea.

Great vegetarian food and a good flat white coffee.

Having a way of being creative, like painting and drawing.

Spending decent time with my family and friends.

How best to support me…

Work with me to be clear about why we're doing something before we do it. I work best when I know why something matters.

I'm excited by ideas and new ways of thinking and learning. Please do share your ideas with me.

I like to have time to think things through and prepare – I don't like 'winging it'! I also like to have things written down.

Having some quiet space helps me to concentrate.

I like a deadline, they help me to focus.

I need to continually learn and stretch myself, so feel free to mention any opportunities you see.

I'm not always great at remembering to ask for help, so feel free to offer support if it looks like I need it – I might not notice this myself.

Let me know when a job's well done! I work best when I know the impact my work is having.