

# Arlene Stewart



## What's important to me...

- ❖ openness and honesty is the best policy.
- ❖ Family and friends are an important part of my life.
- ❖ I believe in the power of learning and teaching in a manner that enriches this.
- ❖ Treat others with the same respect and dignity as you would wish to be treated yourself.
- ❖ Planting the seeds of change in others and watching them grow.
- ❖ Watching others achieve and believing in themselves.
- ❖ Walking in the hills or along a quiet beach.

## What people like and admire about me...

- ❖ I am approachable with a firm but fair attitude.
- ❖ I am hard working and will do my utmost to help.
- ❖ I am caring, supportive & a good listener
- ❖ I am knowledgeable in my field of work.

## How best to support me...

- ❖ I can sometimes be loud in my tone. Just highlight to me and I will filter this.
- ❖ I like to be involved and updated on things sharing is caring.
- ❖ I believe in equality and fairness thus have an enabling and empowering attitude towards others. I should sometime follow my own advice.
- ❖ I am a role model and pro social modelling of personal wellbeing for others in my day to day life, this can sometimes impact on my own wellbeing. Sometimes I need to remind myself of the work life balance.
- ❖ Slight perfectionist with attention to detail and sometimes need reminded to relax a bit with it.