



## **Autism Workshops**

The Adolescence workshops are more relevant to those working within children's services but may also be of interest to everyone.

### **Autism Workshop Learning Outcomes**

#### **Adolescence Practical**

- To understand the role of executive functioning in the development of independence skills during adolescence for individuals with ASD.
- To learn about the areas an individual with ASD needs information on during adolescence, or if relevant, before adolescence, e.g. the concept of private/public and body parts.
- To learn about the different supports that can be used to develop their understanding in these areas.
- To learn about the types of supports to use to enable individuals with ASD to develop self-management strategies during puberty, particularly around the area of personal hygiene.

#### **Get in touch**

To discuss your particular training requirements and for information and advice on any of our courses, please get in touch. We would love to talk about how we can work together ...

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